Montana University System Course Credit Options			
Course	Semester	Summary	Core Topic Area(s)
1 credit IPE Face to Face course—AHHS 450/550 Interprofessional Collaborative Practice (available to Missoula campus students)	Fall (Meets twice monthly, every other Thursday starting 9/6/18)	Introduces students to IP concepts to aide in their understanding of effective health care team functioning.	Covers all Core Topic Areas
1 credit IPE online course (available to any health profession student in the state)	Spring	Introduces students to IP concepts to aide in their understanding of effective health care team functioning.	Covers all Core Topic Areas
1 credit Friday Medical Conference (available to any health profession student in the state)	Fall and Spring	This weekly presentation is streamed live to Skaggs 174. A variety of relevant health care topics are presented by local, regional and national speakers.	Covers all Core Topic Areas

Free Online Continuing Education Interprofessional Training					
Institute for Healthcare Improvement Free Online Courses					
Title/Link Time of Course Link to Course Core Topic Area(s) Summary					
	100 Level				
QI 101: Introduction to Healthcare Improvement	1.25 hours	Download course summary	Practice Transformation; Social Determinants of Health		
QI 102: How to Improve with the Model for Improvement	1.5 hours	Download course summary	Practice Transformation		
QI 103: Testing and Measuring Changes with PDSA	1.25 hours	Download course	Practice Transformation		

QI 104: Interpreting Data: Run Charts,	1.5 hours	Download course	Practice
Control Charts, and Other Measurement	1.3 110013		Transformation
		summary	Transformation
Tools			
QI 105: Leading Quality Improvement	1.25 hours	<u>Download course</u>	Practice
		summary	Transformation;
			Interprofessional
			Education
PS 101: Introduction to Patient Safety	1.5 hour	<b>Download course</b>	Practice
		summary	Transformation;
		·	Interprofessional
			Education
PS 102: From Error to Harm	1.0 hour	Download course	Practice
15 1021110111 Ellion to Hallin	110 110 01	summary	Transformation
PS 103: Human Factors and Safety	1.0 hour	Download course	Practice
1.5 ±05. Human I actors and Safety	1.0 11001		
		summary	Transformation;
			Interprofessional
DC 101 T	4.05.1		Education
PS 104: Teamwork and Communication in a	1.25 hours	<u>Download course</u>	Practice
<u>Culture of Safety</u>		summary	Transformation;
			Interprofessional
			Education
PS 105: Responding to Adverse Events	1.75 hours	<u>Download course</u>	Practice
		summary	Transformation
TA 101: Introduction to the Triple Aim for	2.0 hours	Download course	Interprofessional
<u>Populations</u>		summary	Education; Cultural
		-	Competency; Social
			Determinants of
			Health
TA 102: Improving Health Equity	2.0 hours	Health disparities	Interprofessional
<u></u>		— what they are,	Education; Cultural
		why they occur,	Competency; Social
		and how you can	Determinants of
		help reduce them	Health
		·	TICALLII
		in your local	
TA 400 1	0.75	setting.	Described.
TA 103: Increasing Value and Reducing	0.75 hour	Distinguish	Practice
Waste at the Point of Care		between cost and	Transformation
		value, and	
		understand how	
		both of these	
		concepts relate to	
		quality.	
L 101: Introduction to Health Care	1.25 hours	Download course	Practice
Leadership		summary	Transformation;
		•	Interprofessional
			Education
	1	1	i

PFC 101: Introduction to Patient-Centered Care	1.5 hours	Download course summary	Interprofessional Education; Cultural Competency; Social Determinants of Health
	200 Level		
QI 201: Planning for Spread: From Local Improvements to System-Wide Change	1.0 hour	You'll learn about the theory of how change spreads, according to the foundational work of psychologist Kurt Lewin and sociologist Everett Rogers.	Practice Transformation
QI 202: Addressing Small Problems to Build Safer, More Reliable Systems	1.0 hour	You'll learn that organizations that successfully manage complexity have a deliberate approach to escalating the small concerns and suggestions of employees.	Practices Transformation; Interprofessional Education
PS 201: Root Cause and Systems Analysis	1.5 hours	You'll learn a step-by-step approach to completing an RCA after an error – and improving the process that led to the error.	Interprofessional Education; Practice Transformation
PS 202: Building a Culture of Safety	1.25 hours	This course focuses on how organizations can create and foster a culture of safety.	Practice Transformation
PS 203: Partnering to Heal: Teaming Up Against Healthcare-Associated Infections	2.0 hours	The dramatization is intended to increase awareness of the risks of healthcare-associat ed infections and	Interprofessional Education; Practice Transformation

		41	
		the opportunities	
		for preventing such	
		infections. It is not	
		intended to reflect	
		common clinical	
		care.	
PS 204: Preventing Pressure Ulcers	1.5 hours	Explains the basics	Practice
		of pressure ulcers,	Transformation
		and then spend the	
		bulk of our time	
		talking about how	
		to prevent them	
		and treat them.	
DEC 201: A Cuide to Chadouring Cooling	O.F. have		Drastica
PFC 201: A Guide to Shadowing: Seeing	0.5 hour	You'll learn five	Practice
Care Through the Eyes of Patients and		steps for using	Transformation
<u>Families</u>		shadowing to	
		better empathize	
		with patients and	
		families.	
PFC 202: Having the Conversation: Basic	1.5 hours	Introduce students	Cultural Sensitivity;
Skills for Conversations about End-of-Life		and health	Practice
<u>Care</u>		professionals to	Transformation
		basic skills for	
		having	
		conversations with	
		patients and their	
		families about	
		end-of-life care	
		wishes.	
PCSS (Providers Cli	nical Support System) I		
. 555 (* 75 11 45 15 5 11			
Title/Link	Time of Course	Course Summary	Core Topic Area(s)
Module 1: Understanding Substance Use	0.5 hour	Provides a basic	Current and
<u>Disorders</u>		introduction of the	Emerging Health
		concepts of the	Issues; Behavioral
		disease model of	Health Integration
		addiction and the	
		role of the reward	
		system	
Module 2: Alcohol and Drug Use Disorders	0.5 hour	Outlines the basic	Current and
Module 2. Alcohol and blug ode bisolders	0.5 11001	concepts of alcohol	Emerging Health
		and drug use	Issues
		disorders. Standard	133003
		drink sizes,	
		screening for	
İ		alcohol use	

		•	
Module 3: The Opioid Epidemic	0.5 hour	disorders and an introduction to alcohol withdrawal management are discussed.  Provides an	Current and
Module 3. The Opiola Epidernic	0.5 Hour	overview of the history of opioid use with an overview of contributing factors to the current epidemic.	Emerging Health Issues
Module 4: Medication and Behavioral Treatment of Substance Use Disorders	0.75 hour	Introduces evidence-based clinical practices of pharmacotherapy and behavioral treatments for substance use disorders.	Current and Emerging Health Issues; Behavioral Health Integration
Developing a Behavioral Treatment Protocol in Conjunction with MAT	0.75 hour	Provides an overview of four principles that may play an important role in facilitating behavior change among substance dependent individuals	Current and Emerging Health Issues; Behavioral Health Integration
Medscape: Con	tinuing Education Free	Online Courses	
Course	Time of Course	Course Summary	Core Topic Area(s)
Is Obesity a Disease? The Health Professionals Point of View	0.25 hour	Course is designed to help us understand the implications of obesity and how it's impacting the world	Current and Emerging Health Issues
<u>Does Early Behavior in Childhood Predict</u> <u>Adult Depression?</u>	0.25 hour	Emotional and behavioral symptoms in childhood may be a bridge to and predictor of adult	Current and Emerging Health Issues; Behavioral Health; Practice Transformation

			T
		anxiety disorders	
		and should be	
		studied as potential	
		early targets for	
		disease prevention.	
Childhood Poverty Linked to Lower	0.25 hour	Socioeconomic	Current and
Cognition Later in Life?		hardship in	Emerging Health
		childhood: a link	Issues; Behavioral
		with cognitive	Health; Practice
		function in old age?	Transformation;
			Social Determinants
Pediatric Immunization: Navigating Difficult	1 hour	The goals of this	Current and
Conversations with Parents		activity are to	Emerging Health
		improve healthcare	issues; Practice
		providers' skills in	Transformation;
		having productive	Cultural Competency
		conversations with	
		parents about	
		vaccinations.	
The Rise in Mental Illness ED Visits	0.25	The goal of this	Current and
		activity is to	Emerging Issue;
		provide medical	Practice
		news to primary	Transformation
		care clinicians and	
		other healthcare	
		professionals in	
		order to enhance	
		patient care.	
Free Montana Geriatric Educat	ion Center-Free Alzhei	mer's Online Training	Program
Course	Time of Course	Course Summary	Core Topic Area(s)
Cognitive Decline and Dementia in Older	2.0 hours	MTGEC's Online	Practice
Adults: MTGEC's Online Alzheimer's Disease		Alzheimer's Disease	Transformation;
Training Opportunity		Training	Current and
		<u>Opportunity</u>	Emerging Health
			Issues; Behavioral
			Health Integration

Screening for Cognitive Impairment:  MTGEC's Online Alzheimer's Disease  Training Opportunity	2.0 hours	MTGEC's Online Alzheimer's Disease Training Opportunity	Practice Transformation; Current and Emerging Health Issues; Behavioral Health Integration
Mo	ontana University Servi	ces	
Kognito At-Risk Training  Free	0.75 hours  Enrollment Key: msuboze	Kognito At-Risk is a 45-minute, web-based training simulation module to train faculty and staff in recognizing signs of mental health issues, distress, and suicide, as well as how to communicate with and refer at-risk students.	Behavioral Health Integration; Practice Transformation; Current and Emerging Issues
1166	Live & Recorded Web	illais	
Webinar	Time of Webinar	Summary	Core Topic Area(s)
Cultural Competency Organizational Assessment	0.75 hour	Describe the Cultural Competency Continuum; the association between cultural competency and health equity;	Cultural Competency

	1	T	Т
		cultural	
		competency	
		organizational	
		assessment; and	
		use findings from	
		assessment to	
		advance health	
		equity.	
Diversity and Cultural Competency in Public	1.0 hour	Describe the	Cultural Competency
Health Settings - Basic Level		demographic and	,
		epidemiological	
		trends related to	
		diverse populations	
		conceptualize	
		cultural	
		competency and	
		compare and	
		contrast with	
		diversity; and	
		identify a	
		framework to	
		design culturally	
		competent public	
		health care	
		services.	
5-Minute Maternal and Child Health (MCH)	0.75 hour	Discuss how culture	Cultural Competency
<u>Cultural Competency</u>		influences personal	
		experience within	
		the healthcare	
		System including:	
		varying cultural	
		perspectives on	
		health, pain &	
		suffering.	
Past Practices for Coming and Cupperties	1.0 hour		Social Dotorminants
Best-Practices for Serving and Supporting	1.0 11001	When providing	Social Determinants
Transgender Patients in Integrated Care	December 1991	healthcare to	of Health; Cultural
Settings: Perspectives from the Nation's	Recording available.	transgender	Competency
<u>Largest Medical System</u>		individuals,	
		providers should	
		consider	
		discrimination,	
		violence, and	
		lowered life	
		expectancy as	
		factors that	
		transgender	

	1	to alterial coals as as a	<u> </u>
		individuals may	
	4.0.1	face.	0 1 10 1 1
Improving Access to Transportation in Rural	1.0 hour	The Rural Health	Social Determinants
Communities		Information Hub	of Health
	Recording available.	and the NORC	
		Walsh Center for	
		Rural Health	
		Analysis present	
		the Rural	
		Transportation	
		Toolkit, which is	
		designed to help	
		rural communities	
		improve access to	
		transportation, an	
		impact on	
		healthcare access.	
Introduction to Cultural Competency and	0.50 hour	This training	Cultural Competency
Title VI		discusses the issue	,
	Recording available.	of cultural	
		competency and	
		the impact on	
		delivery of public	
		health and	
		healthcare services	
		and in order to be	
		compliant with	
		national legislation.	
Behavioral Health Integration: Getting from	1.0 hour	Designed for health	Behavioral Health
Why to How	1.0 11001	centers in Iowa	Integration; Practice
winy to now	Recording available.	with newly	Transformation
	Recording available.	received mental	Transformation
		health and	
		substance use	
		services funding	
		from HRSA, this	
		webinar provided	
		foundational	
		knowledge about behavioral health	
		integration,	
		including a	
		discussion of the six	
		levels of integration	
		as well as critical	
		elements involved	

Management in People with Substance Use	.5 hour ecording Available.	in successful implementation of behavioral health integration.  A presentation to help better	Practice
Management in People with Substance Use		behavioral health integration.  A presentation to	
Management in People with Substance Use		integration. A presentation to	
Management in People with Substance Use		A presentation to	
Management in People with Substance Use		•	
•	ecording Available.	neip seccei	Transformation;
		understand the	Current and
		ways that we can	Emerging Health
		manage acute and	issues
		chronic disease in	
		patients who	
		currently have or	
		have had a history	
		of substance use	
Preparing for Wildfire Season 1.0	.0 hour	A respiratory	Social Determinants;
·		approach to how to	Current and
	_	prepare for the	Emerging Health
Re	ecording Available.	wildfire season to	
		help mitigate the	
		effects that it has	
		on us	
Keeping Kids Healthy In School: Working 1.0	.0 hour	Highlights ways we	Practice
with School Nurses and Resources to Help		can improve the	Transformation;
Patients Afford Care		learning	Interprofessional
Re	ecording Available.	environment for	Education
		students with	
		asthma	
	.0 hour	The short, dark,	Behavioral Health;
<u>Health Through the Holidays</u>		cold days of winter	Social Determinants
Re	ecording Available.	can be challenging	
, and the second	ccording Available.	for our mental	
		health, whether in	
		the form of a dip in	
		mood or energy, or	
		battling depression.	
		•	
		•	
		Services will share	
		some strategies to	
		keep our spirits up	
		during the winter	
		months.	
		During this webinar, Dr. Ryan Niehus from MSU Counseling & Psychological	

MIIC Nutrition for Hoolthy Asias	1.0 hours	Aging is a fast of	Current and
MUS: Nutrition for Healthy Aging	1.0 hour	Aging is a fact of	Current and
		life. But how well	Emerging Health;
	Pocarding Available	we age depends on	Social Determinants
	Recording Available.	a variety of factors,	
		including our	
		nutrition habits.	
		Many of our	
		nutrient needs are	
		also significantly	
		affected as a result	
		of physiological	
		, , ,	
		changes that occur	
		with growing older.	
MUS: Pain Management	1.0 hour	Pain comes in many	Practice
		forms and	Transformation;
		intensities. For	Current and
	Recording Available.	some it is a daily	Emerging Health
		annoyance, for	
		others, it can be	
		debilitating. One	
		thing is for certain:	
		pain is a part of life	
		and we all have to	
		deal with it sooner	
		or later. In this	
		webinar, we'll look	
		at some common	
		causes of pain, and	
		talk about	
		strategies and	
		techniques to	
		prevent pain,	
		and/or minimize its	
		impact on the	
		quality of your life.	
MUS: Stress Management	1.0 hour	A webinar focused	Behavioral Health
inco. on coo management	2.0 11001	on managing stress	2011a VIOTAL FICUIO
		in all areas of your	
	Recording Available.	life!	
Addressing Intimate Partner Violence in		Join us for a	Pohavioral Haalth
Addressing Intimate Partner Violence in	1.5 hour		Behavioral Health;
Integrated Care Settings	December 4 H. L.	webinar to learn	Social Determinants;
	Recording Available.	about prevention	Practice
		strategies,	Transformation; IP
		universal education	Education
		and direct inquiry	
		techniques, and	

	1		T
		best practices	
		approaches related	
		to Intimate Partner	
		Violence.	
The Impact of Alcohol on Women's Health	1.5 hour	Join this webinar to	Practice
		learn about the	Transformation;
	Recording Available.	impact of alcohol	Current and
		and other drugs on	Emerging Health
		women's health	
		and best practices	
		to identify and	
		intervene for	
		substance use	
Pool world strategies: Assessing for ACEs	1.5 hour	among women.  Join international	Social Dotorminants
Real-world strategies: Assessing for ACEs	1.3 HOUI		Social Determinants; Practice
and brief interventions in an integrated	Decording Assistants	experts from the SAMHSA-HRSA	
<u>care environment</u>	Recording Available.		Transformation;
		Center for	Current and
		Integrated Health	Emerging Issues
		Solutions and the	
		Collaborative	
		Family Healthcare	
		Association for a	
		live webinar that	
		will equip providers	
		and other	
		healthcare	
		professionals with	
		quick, easy-to-use	
		strategies to	
		promote patient	
		resiliency and	
		implement	
		organizational	
		strategies to build a	
		trauma-informed	
		culture. Using these	
		interventions	
		within a	
		trauma-informed	
		integrated care	
		culture can truly	
		optimize patient	
		health outcomes.	
		nealth outcomes.	

Impact of ACEs and Adoption of	1.5 hour	Join the	Social Determinants;
Trauma-Informed Approaches in Integrated Settings	Recording Available.	SAMHSA-HRSA Center for	Practice Transformation;
		Integrated Health	Behavioral Health
		Solutions for this webinar to learn	
		more about trauma	
		and its impact, hear	
		the case for	
		adopting	
		trauma-informed	
		approaches, and	
		take back to your	
		organization a	
		methodology for	
		implementing	
		trauma-informed	
		care.	
	Conferences	T -	
Title/Link	Date/Time/Location	Content	Core Topic Area(s)
	Upcoming	I <b>-</b>	l
Montana Health Care Association 2019	March 24-27, 2019	The Montana	Interprofessional
Midyear Convention	Dolto Hotolo by	Health Care	Education; Practice Transformation
	Delta Hotels by Marriott Helena	Association is a non-profit,	Transformation
	Colonial	member-driven	
	Colonial	professional	
	Helena, Montana	association serving	
		Montana's long	
	16.75 hours	term care facilities.	
		Founded in 1962	
		and originally	
		representing only	
		nursing homes,	
		MHCA has opened	
		its membership to	
		all organizations	
		involved in long	
		term care. We represent profit	
		and non-profit,	
		independent and	
		corporate-owned,	
		religious, fraternal	
		and	
		government-operat	

	1	1	
		ed facilities, as well	
		as hospital-based	
		facilities. Our	
		members provide	
		skilled nursing,	
		personal care,	
		assisted living,	
		home health,	
		respite and therapy	
		services.	
Montana Healthcare Foundation 2019	April 2-3, 2019	This interactive	Behavioral Health
Montana Perinatal Behavioral Health	7.pm 2 3, 2013	two-day event will	Integration; Practice
Initiative Conference	Great Northern	highlight the	Transformation;
<u>Illitiative Comerence</u>	Hotel		· · · · · · · · · · · · · · · · · · ·
	Hotel	Montana Perinatal	Interprofessional
		Behavioral Health	Education
	Helena, Montana	Initiative grantee	
		cohort's	
	12 hours	accomplishments in	
		2018 and provide	
		important	
		resources and	
		training for the	
		second year of the	
		initiative.	
Montana Hospital Association 2019 Health	April 3-5, 2019	Montana Hospital	Interprofessional
Summit		Association is a	Education; Practice
	Delta Hotels by	leadership	Transformation
	Marriott Helena	organization and	
	Colonial	principal advocate	
		for health care	
	Helena, Montana	facilities in	
	Treferra, Workana	Montana. MHA	
	16 hours	serves a diverse	
	10 110013	membership that	
		provides the full	
		spectrum of health	
		•	
		care services,	
		including hospitals,	
		long-term care	
		facilities, critical	
		access hospitals,	
		home health and	
		hospice agencies,	
		psychiatric	
		facilities, physician	
		groups, assisted	1

		living contage	
		living centers,	
		senior housing and	
		insurance services.	
MCE Conferences: Infectious Diseases and	June 14-16, 2019	This conference is	Practice
Pulmonology for Primary Care		designed to provide	Transformation;
	Big Sky, Montana	primary care	Interprofessional
		clinicians with	Education
	12 hours	up-to-date,	
		evidence-based	
		information on	
		commonly	
		encountered issues	
		dealing with	
		Infectious Diseases	
		and Pulmonology,	
		while suggesting	
		pragmatic	
		approaches to	
		clinical	
		management	
Symposia Medicus: Summer Conference on	July 24-27, 2019	Our Summer	Interprofessional
Acute Care of the Critically III Patient	00, = . = ., = 0 = 0	Conference on	Education; Practice
- contract on the contract of	Big Sky, Montana	Acute Care of the	Transformation
	2.8 0.17,	Critically III Patient	
	18 hours	is designed to	
		provide emergency	
		physicians, nurses,	
		nurse practitioners,	
		PAs, as well as	
		out-of-hospital	
		providers with an	
		extensive scope of	
		knowledge and	
		expertise in the	
		evaluation and	
		treatment of acute	
		medical conditions.	
Montana Hospital Association 2019 Fall	September 18-20,	The MHA Annual	Interprofessional
Convention & Trade Show	2019	Fall Convention &	Education; Practice
		Trade Show is	Transformation
	Double Tree by	Montana's largest	
	Hilton & Northern	gathering of	
	Hotel ~ Downtown	healthcare	
	Billings, Montana	professionals. The	
	585, Workuna	premier event	
	16 hours	attracts rural health	
	10 110013	attracts rurar realtr	

	1	1	T
		leaders from across	
		the state and	
		surrounding areas	
		committed to	
		learning and	
		engaging in an	
		ever-changing	
		industry landscape.	
	Pod Casts	The second control of	
Title/Link	Time	Description	Core Topic Area(s)
The Best Strategies in Healthcare Begin	0.5 hour	The need for team	Interprofessional
with Empathy: Dr. Thomas Lee		work; Improve	Education; Practice
With Empathy. Bit Monas Lee		performance,	Transformation
		deliver greater	Transformation
		value, reduce	
		patient suffering	
		·	
		and improve the	
	5 111 1 5 .	patient experience.	
<u>Ted Radio Hour: Getting Better</u>	Publish Date:	This episode, TED	Current and
	September 21, 2018	speakers explore	Emerging Health
	1.0 hour	new ways to think	Issues; Practice
		about disease,	Transformation
		diagnosis, and the	
		delicate art of	
		healing.	
Ted Radio Hour: Dying Well	Publish Date:	Is there a way to	Current and
	September 7, 2018	talk about death	Emerging Health
	1.0 hour	candidly, without	Issues
		fearand even	
		with humor? How	
		can we best	
		prepare for it with	
		those we love? This	
		episode, TED	
		speakers explore	
		the beauty of life	
		and death.	
Ted Radio Hour: Confronting Stigma	Publish Date:	Why do we harshly	Behavioral Health;
Ted Radio Hour. Commonting Stigina			
	February 23, 2018	judge certain	Current and
	1.0 hour	behaviors or	Emerging Health
		conditions, making	Issues; Practice
		it harder to talk	Transformation
		honestly about	
		them? This hour,	
		TED speakers	
		confront stigmas	

	1	T	T
		around addiction,	
		depression, HIV	
		and sex work.	
Ted Radio Hour: Rethinking Medicine	Publish Date:	This hour, TED	Practice
	December 22, 2017	speakers share	Transformation
	1.0 hour	their visions for	
		new ways to	
		understand	
		medicine.	
Ted Radio Hour: Maslow's Human Needs	Publish Date:	Humans need food,	Social Determinants
Ted Radio Hour. Masiow's Human Needs	November 3, 2017	sleep, safety, love,	of Health
		• • • • • • • • • • • • • • • • • • • •	OI HEAILII
	1.0 hour	purpose.	
		Psychologist	
		Abraham Maslow	
		ordered our needs	
		into a hierarchy.	
		This week, TED	
		speakers explore	
		that spectrum of	
		need, from primal	
		to profound.	
Ted Radio Hour: Hardwired	Publish Date: August	This hour, TED	Current and
	25, 2017	speakers on how	Emerging Health
	1.0 hour	genes and	Issues; Behavioral
		experience	Health; Practice
		collaborate — and	Transformation
		compete — to	Transformation
		make us who we	
Tod Padio Hours Fighting Concer	Dublish Data: Assaust	are.	Dobavional Haalth
Ted Radio Hour: Fighting Cancer	Publish Date: August	In this hour, TED	Behavioral Health;
	18, 2017	speakers reframe	Practice
	1.0 hour	not only how we	Transformation
		treat cancer, but	
		how we live with it	
		and survive it.	
<u>Ted Radio Hour: Headspace</u>	Publish Date:	Some of our most	Behavioral Health;
	December 2, 2016	powerful feelings	Current and
	1.0 hour	— stress,	Emerging Issues;
		depression, despair	Practice
		<ul> <li>are the hardest</li> </ul>	Transformation
		to understand. This	
		hour, TED speakers	
		challenge	
		assumptions about	
		emotion, disquiet	
	1	i cinocioni, aisquict	ı

	T	1	Г
		and the essence of	
		well-being.	
Ted Radio Hour: The Food We Eat	Publish Date: November 18, 2016 1.0 hour	Food is more than nourishment. It's a source of pleasure — and guilt — and an agent of change.	Current and Emerging Health Issues
Ted Radio Hour: Growing Up	Publish Date: July 1, 2016 1.0 hour	What makes us who we are? How do parents mold children into who they are? In this hour, TED speakers reflect on how our upbringing shapes us.	Behavioral Health Integration; Social Determinants of Health
Ted Radio Hour: The Fountain of Youth	Publish Date: May 11, 2018 1.0 hour	Aging is inevitable. We can slow it down a little, but could we ever bring it to a grinding halt? In this episode, TED speakers explore how we all might live longer and even better lives.	Social Determinants of Health
The Future of Healthcare: Solving Our Sugar Problem: Dr. Jim Surrell	Publish Date: January 14, 2018 1.0 hour	On This Episode, Dr. Jim Surrell joins us to discuss how we can solve the sugar and obesity problems in America. Doc is a board-certified colorectal surgeon with over 20 years of practicing experience. His interests in nutrition and weight loss led him to write the SOS (Stop Only Sugar) Diet, which is an incredible resource	Current and Emerging Health Issues

		T	T
		to learn how to	
		become healthier	
		by limiting the	
		amount of sugar	
		we eat.	
The Future of Healthcare: The Psychology	Publish Date:	In this episode	Current and
of Our Technology: Max Stossel	March 13, 2018	Nathan and Max	Emerging Health
	1.0 hour	discuss how	Issues
		technology and	
		social media are	
		using our biology	
		and psychology to	
		drive us to action.	
		Because of how	
		these companies	
		are structured,	
		many of them are	
		not working for the	
		best interest of	
		humans. Max	
		believes that we	
		have the power to	
		change that and	
		use the power of	
		technology and	
		social media to	
		achieve a higher	
		level of health and	
		life fulfillment.	
The Future of Healthcare: The Brain and	Publish Date:	On this episode, Dr.	Practice
How Life Determines Mental Health: Dr.	November 20, 2017	Robert Paul shares	Transformation;
Robert Paul	1.0 hour	his insights into the	Behavioral Health;
		cutting edge	Current and
		research of	Emerging Health
		neuropsychology	Issues
		and the new	
		frontier of treating	
		mental health. We	
		not only discuss his	
		past experiences	
		while working as a	
		clinical	
		neuropsychologist,	
		but also his current	
		research into the	
		workings of our	

	T	Τ	T
		deep brain and	
		how diseases affect	
		it.	
<u>Ted Radio Hour: Beyond Tolerance</u>	Publish Date: April	We throw around	Cultural Competency;
	22, 2016	the word	Practice
	1.0	'tolerance' a lot –	Transformation;
		especially in the	Current and
		last year as politics	Emerging Issues
		has grown even	
		more polarized. But	
		how can we push	
		past mere	
		tolerance to true	
		understanding and	
		empathy? Arthur	
		Brooks tackles the	
		question of how	
		liberals and	
		conservatives can	
		work together –	
		and why it's so	
		crucial. Diversity	
		advocate Vernā	
		Myers gives some	
		powerful advice on	
		how to conquer our	
		unconscious biases.	
Ted Radio Hour: Bias and Perception	Publish Date:	How does bias	Cultural Competency;
	February 15, 2019	distort our thinking,	Practice
	1.0 hour	our listening, our	Transformation
		beliefs and even	
		our search results?	
		How can we fight	
		it? This hour, TED	
		speakers explore	
		ideas about the	
		unconscious biases	
		that shape us.	
Ted Radio Hour: What Makes UsUs	Publish Date:	For thousands of	Social Determinants
rea nadio flodi. What Wakes 0505	October 5, 2018	years, we've	of Health; Current
	1.0 hour	searched to answer	and Emerging
	1.0 11001	the question: Who	and Lineiging
		•	
		are we? Today,	
		science has brought	
		us closer than ever	
		to the answer. This	

		have TED anadrass	
		hour, TED speakers	
		share ideas on	
		what makes us	
	Ted Talks	us.	
T:11. /1:11	1	B	C T
Title/Link	Time	Description	Core Topic Area(s)
Change the Odds of Health: Dr. Anthony	0.25 hour	Using data to study	Social Determinants
Ilton		how and when zip	of Health
		codes become	
		more important	
		than genetic codes	
		when it comes to	
		people's health.	
Is the Obesity Crisis Hiding a Bigger	0.25 hour	Could the	Current and
Problem: Dr. Peter Attia		precursors to	Emerging Health
		diabetes cause	Issues
		obesity, and not	
		the other way	
		around? A look at	
		how assumptions	
		may be leading us	
		to wage the wrong	
		medical war.	
A Smarter, More Precise Way to Think	0.25 hour	Using precision	Social Determinants
About Public Health: Dr. Sue		public health an	of Health
<u>Desmond-Hellmann</u>		approach that	
		incorporates big	
		data, consumer	
		monitoring, gene	
		sequencing and	
		other innovative	
		tools to solve the	
		world's most	
		difficult medical	
		problems.	
The Agony of Opioid Withdrawal- and What	0.25 hour	The United States	Current and
Doctors Should Tell Patients About It: Travis		accounts for five	Emerging Health
Rieder, PhD		percent of the	Issues
		world's population	
		but consumes	
		almost 70 percent	
		of the total global	
		opioid supply,	
		creating an	
		epidemic that has	
		resulted in tens of	

		1 -	T
		thousands of	
		deaths each year.	
		How did we get	
		here, and what can	
		we do about it?	
How Childhood Trauma Affects Health	0.25 hour	Explains that the	Behavioral Health
Across a Lifetime: Dr. Nadine Burke Harris		repeated stress of	Integration; Social
		abuse, neglect and	Determinants of
		parents struggling	Health
		with mental health	
		or substance abuse	
		issues has real,	
		tangible effects on	
		the development of	
		the brain.	
How Data is Helping Us Unravel the	0.25 hour	Wants to make an	Behavioral Health
Mysteries of the Brain: Steve McCarroll,	0.23 11001	atlas of all the cells	Integration; Current
PhD		in the human body	and Emerging Health
THE		so that we can	Issues
		understand in	133463
		precise detail how	
		specific genes	
		work, especially in	
		the brain, and	
		describes how this	
		research could lead	
		to new ways of	
		treating mental	
		illnesses like	
	0.051	schizophrenia.	6 . 15
What Makes Us Get Sick Look Upstream:	0.25 hour	His job isn't just	Social Determinants
<u>Dr. Rischi Manchanda</u>		about treating a	of Health
		patient's	
		symptoms, but	
		about getting to	
		the root cause of	
		what is making	
		them ill—the	
		"upstream" factors	
		like a poor diet, a	
		stressful job, a lack	
		of fresh air.	
How to Not Be Ignorant About the World:	0.25 hour	Hans Rosling, with	Social Determinants
Hans and Ola Rosling		his famous charts	of Health
		of global	
		population, health	

	T	1	
		and income data,	
		demonstrates that	
		you have a high	
		statistical chance of	
		being quite wrong	
		about what you	
		think you know.	
How do we heal medicine?: Dr. Atul	0.25 hour	Our medical	Practice
	0.25 11001		Transformation
Gawande		systems are	Transformation
		broken. Doctors are	
		capable of	
		extraordinary (and	
		expensive)	
		treatments, but	
		they are losing	
		their core focus:	
		actually treating	
		people. Doctor and	
		writer Atul	
		Gawande suggests	
		we take a step back	
		and look at new	
		ways to do	
		medicine with	
		fewer cowboys and	
		more pit crews.	
His and hershealthcare: Dr. Paula	0.25 hour	Every cell in the	Practice
<u>Johnson</u>		human body has a	Transformation
		sex, which means	
		that men and	
		women are	
		different right	
		down to the	
		cellular level. Yet	
		too often, research	
		and medicine	
		ignore this insight	
		and the often	
		startlingly different	
		<b>.</b>	
		ways in which the	
		two sexes respond	
		to disease or	
		treatment. As	
		pioneering doctor	
		Paula Johnson	
		describes in this	

		Alagorala and an anti-		
		thought-provoking		
		talk, lumping		
		everyone in		
		together means we		
		essentially leave		
		women's health to		
		chance. It's time to		
		rethink.		
Your Brain is more than a bag of chemicals:	0.25 hour	Modern psychiatric	Practice	
David Anderson		drugs treat the	Transformation;	
		chemistry of the	Current and	
		whole brain, but	Emerging Health	
		neurobiologist	Issues	
		David Anderson has	133463	
		a more nuanced		
		view of how the		
		brain functions. He		
		shares new		
		research that could		
		lead to targeted		
		psychiatric		
		medications that		
		work better and		
		avoid side effects.		
		How's he doing it?		
		For a start, by		
		making a bunch of		
		fruit flies angry.		
The power of vulnerability: Brene Brown	0.25 hour	Brené Brown	Practice	
		studies human	Transformation	
		connection our		
		ability to		
		empathize, belong,		
		love. In a poignant,		
		funny talk, she		
		shares a deep		
		insight from her		
		research, one that		
		sent her on a		
		personal quest to		
		know herself as		
		well as to		
		understand		
		humanity.		
Documentaries Documentaries				

Netflix Documentary: End Game	0.75 hour	Netflix's latest documentary explores the end-of-life support system provided by doctors, nurses, and hospice professionals.	Practice Transformation
The Waiting Room	1.5 hours	This documentary follows the staff and patients at Highland Hospital, a "safety net" hospital in Oakland, Calif., that serves low-income and often uninsured patients. The documentary focuses on the issues in serving poorer patients, both financial and medical.	Social Determinants of Health; Practice Transformation