

## Speaker Bios: 2018 Montana WWAMI Faculty Development Conference



**Paul James, MD**

**Paul James, MD**, is professor and chair of the Department of Family Medicine at the University of Washington (2017). Prior to his work at the University of Washington Dr. James served as professor and chairman of the Department of Family Medicine at the University of Iowa (2005-2016) with a joint appointment as a professor in the Department of Occupational and Environmental Health, College of Public Health.

Dr. James is a well-regarded expert in rural medicine, ambulatory medical education, measurement of health care quality for patients with cardiovascular diseases and team-based care through pharmacist-physician collaboration. He is the recipient of numerous teaching awards, two international research awards, and grant funding from the National Board of Medical Examiners, the Agency for Healthcare Research and Quality and the National Heart, Lung, and Blood Institute. Nationally, he has served as Co-chair of the Eighth Joint National Committee on Prevention, Detection, Evaluation and Treatment of High Blood Pressure; Chair of the Association of Departments of Family Medicine (ADFM) Research Development Committee, President and Chairman of the Board for ADFM.



**Heather A. McPhillips, MD, MPH**

**Heather A. McPhillips, MD, MPH** is the Residency Director for the University of Washington Pediatric Residency Training Program based at Seattle Children's Hospital. She is a professor of pediatrics and general pediatrician who focuses her clinical and teaching efforts on the importance of understanding patients and their families in terms of their development, their behaviors both innate and learned, and the social and medical context in which they live.

Dr. McPhillips earned her Doctor of Medicine degree from the University of Chicago, Pritzker School of Medicine where she was named to the Alpha Omega Alpha Honor Society and graduated with honors. She was a pediatric resident in the primary care track at the University California San Francisco, where she was awarded the UCSF Department of Pediatrics Nesossi Award for Outstanding Clinical Ability as well as two house staff teaching awards. Dr. McPhillips next entered the National Research Service Award General Academic Pediatrics Fellowship Program at the University of Washington where she also earned her Masters of Public Health degree. Following her two-year fellowship program in 2000, Dr. McPhillips was appointed to faculty in the Department of Pediatrics at the University of Washington and was Associate Director of the residency program on the clinician-educator pathway for 13 years prior to becoming Director of the Residency Program in 2014. Her research focus is on healthcare quality and patient safety as well as graduate medical education. She is a member of the Association of Pediatric Program Directors (APPD) and serves on the research task force for the APPD. She is also a member of the Ambulatory Pediatric Association and the American Academy of Pediatrics.



**Catherine Serio, PhD**

**Catherine Serio, PhD**, Senior Director, Lifestyle Interventions, University of Pittsburgh Medical Center. Dr. Serio began her medical career as a patient. While attending the University of Texas, she was diagnosed with a rare condition causing temporary paralysis. That experience led to a career in health psychology with the purpose of helping people own their health. Catherine worked as the Senior Director, Behavior Change Strategy, at Healthwise, developing patient-centered tools and consulting on patient engagement. Prior to joining Healthwise, Dr. Serio was a faculty member at University of Washington's Department of Family Medicine. She is a member of the Motivational Interviewing Network of Trainers, an international organization committed to promoting motivational interviewing. A published author, her latest chapter, "The Science and Practice of Health Behavior Change," appears in the 2016 book, Participatory Healthcare: A Person-Centered Approach to Healthcare Transformation. Dr. Serio currently consults with healthcare organizations to support transitioning from fee-for-service to outcomes-based models.

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**Paul Sutton, MD, PhD**

**Paul Sutton, MD, PhD**, is a general internist and practices at the UWMC-Roosevelt General Internal Medicine Clinic. He also attends on the General Medicine Inpatient Services at HMC and UWMC.

In addition to his clinical roles, he is the UW Medicine Information Technology Services associate medical director for inpatient systems, coordinating hospital-based computing operations at HMC and UWMC. He is a center scholar with the UW Medicine Center for Scholarship in Patient Care, Quality and Safety, focusing on quality and safety improvements related to medical informatics. He has been on faculty at the University of Washington School of Medicine since 1998 and is an associate professor of medicine.

Dr. Sutton earned his bachelor's degree from Grinnell College, Ph.D. in molecular genetics at the University of Illinois at Chicago, and M.D. with honors from the University of Chicago. He was an intern, resident and chief resident in internal medicine at the University of California – San Francisco.

He is a board certified in internal medicine (since 1997). He is a fellow of the American College of Physicians and a member of the Society for Hospital Medicine and the American Medical Informatics Association.



### **Review of Montana WWAMI Student Community Projects: *Discussion and exploration of rural health research projects by Montana WWAMI medical students:***

**Angela Bangs:** *Feasibility of a Community Health Worker Intervention Targeting Vulnerable Seniors in Dillon*



**Cy Gilbert:** *Steps to Health: Maintaining improvements in HbA1c and BMI with peer-led social aerobic activity, Dillon*



**Bradford Huff:** *Syringe Exchange Program (SEP) Implementation to Decrease Hepatitis C Transmission in Ronan*



**Natalie Jamieson:** *Home and Health: Decreasing homelessness in Billings, MT with a multi-faceted approach*



**Mary Glen Vielleux:** *Reducing the Impact of Intimate Partner Violence in Park County*