Healthy Montana Mouths

Older Adults
Objectives

• Understand the dental health of adults in nursing facilities

• Connect oral health to overall health

• How can we collaboratively address needs
POLL

Who is listening?
How would you rate the overall importance of oral health?
The POPULATION of older adults
Highlighting the NEED
Montana RANKING
Dentist Providers

Data from WIM Tracking, 2017.
“Your are not healthy without good oral health...”

• David Satcher, MD, 16th U.S. Surgeon General (2000)
Systemic HEALTH

Tooth Loss

Health & Well-being
MONTANA ORAL HEALTH SURVEY
The POPULATION

452 long-term care facility residents were screened in 20 LTC sites.

- 14% of those screened were under the age of 65
- 63% female
- 37% male
- 10% racial minority
Access to DENTAL care

47%

Reported they had NOT been to the dentist in 3 years.
Tooth Decay

Percent of Montana's Nursing Facility Residents with Untreated Decay by Age and Race

- < 65 Years: 35%
- 65-74 Years: 39%
- 75-84 Years: 39%
- 85-94 Years: 37%
- 95+ Years: 49%
- White: 36%
- Minority: 58%
Tooth Loss

Percent of Montana's Nursing Facility Residents by Number of Remaining Teeth

- 33% No Teeth
- 27% 1-19 Teeth
- 40% 20+ Teeth

60% have fewer than 20 teeth
Tobacco and Tooth Loss

• Nearly half (44%) of those screened reported they used tobacco at some point in their life.
• Those that had never smoked had an average of 15 remaining natural teeth;
• Former smokers, averaged 11.8; and
• Current smokers, averaged 9.2 teeth.
COLLABORATIVELY ADDRESS NEEDS
Providers
• Medical
• Dental

Costs
Insurance coverage

Care

Policy
ASK about oral health risk factors and symptoms of oral disease

LOOK for signs that indicate oral health risk or active oral disease

DECIDE on the most appropriate response

ACT offer preventive interventions and/or referral for treatment

DOCUMENT as structured data for decision support and population management
• Oral Health America
  • [https://www.toothwisdom.org/](https://www.toothwisdom.org/)

• American Dental Association
  • [MouthHealthy.org](https://www.mouthhealthy.org)

• Smiles for Life
  • Web-based training
  • [smilesforlifeoralhealth.org](https://www.smilesforlifeoralhealth.org)
QUESTIONS?

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