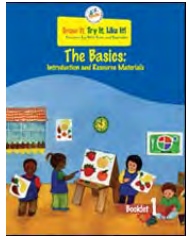


# Order Form for FREE Nutrition Education and Promotional Materials



Contact Montana Team Nutrition to schedule a professional development nutrition education workshop or for technical assistance. (406) 994-5641 or kbark@mt.gov or (406) 994-5397.

## Quantity Nutrition Education Materials



### [Grow It, Try It, Like It! Nutrition Education for Preschool](#)

Garden-themed nutrition education kit that contains The kit includes seven booklets featuring fruits and vegetables with fun activities through an imaginary garden.



### [Discover My Plate Nutrition Education for Kindergarten](#)

Interactive lessons that include Math, Science, English Language Arts, and Health. Each set comes with emergent reader mini books, a song, food group cards, look and cook recipes, parent handbooks, student workbooks and a poster.



### [Student Emergent Readers \(Set of 6 mini books\)](#)

### [Serving Up MyPlate Grades 1 & 2](#)

### [Serving Up MyPlate Grades 3 & 4](#)

### [Serving Up MyPlate Grades 5 & 6](#)

A collection of classroom materials that integrates nutrition education into Math, Science, English Language Arts, and Health. Introduces the importance of eating from all five food groups using the *MyPlate* icon with a variety of hands-on activities.



### [Great Garden Detective Adventure Grades 3 & 4](#)

Connects the school garden to the classroom, school cafeteria, and home. Includes 11 lessons, bulletin board materials, veggie dice, fruit and vegetable flash cards, and ten issues of Garden Detective News for parents/caregivers.



### [Dig In! Grades 5 & 6](#)

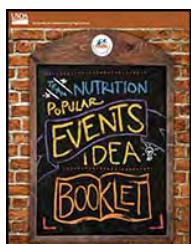
10 lessons that engage students in growing, harvesting, and tasting fruits and vegetables. Includes parent handouts and posters.



### [Dig In! Poster Set \(Set of 6 posters\)](#)

### [Nutrition Voyage: The Quest to be Our Best \(Grades 7 & 8\)](#)

Lessons take students on an exploratory journey into school wellness. Opportunities for students to investigate, participate in a challenge, evaluate, and reflect.



### [Team Nutrition Popular Events Idea Booklet](#)

Fun ways to promote nutrition and physical activity at school events (elem; middle)



# POSTERS



[MyPlate Poster, Blue & Magenta Background](#)

[MyPlate Poster, Green & Yellow Background](#)



[Make Half Your Plate Fruits and Vegetables Poster](#)

[Eat Smart Play Hard Poster](#)

[Eat Smart Play Hard Handouts](#)

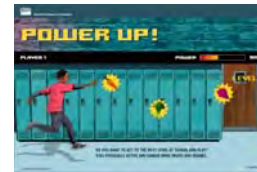
*1 package contains 35 copies*



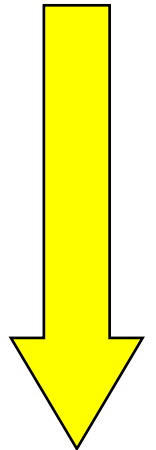
## Team Nutrition Elementary Poster Set



## Team Nutrition Poster Set



## Middle School



# STICKERS



[Make Today a Try Day Stickers](#) *(currently out of stock)*

*1 package contains 200 stickers*



[Launch Your Day with Breakfast Stickers](#)

*1 package contains 200 stickers*



[High Five Stickers](#)

*1 package contains 200 stickers*

To order materials, go to this link:

<http://pueblo.gpo.gov/TN/TNPubs.php>