Behavioral Health Workforce Education & Training Program

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Education Programs & Trainings

❖ Behavioral Health Peer Support Specialist
❖ Behavioral Health Technician
❖ Fundamentals of Behavioral Health
❖ Community Health Worker
❖ MOAB® - Management of Aggressive Behaviors
❖ Applied Suicide Intervention Skills Training
❖ Mental Health First Aid
Cost

- Trainings through 2020 provided with **full tuition reimbursement** due to grant funding
  - Behavioral Health Technician
  - Community Health Worker
  - Fundamentals of Behavioral Health

- Trainings through 2020 provided at **no cost** due to grant funding.
  - Behavioral Health Peer Support Specialist
  - MOAB® - Management of Aggressive Behaviors
  - Applied Suicide Intervention Skills Training
  - Mental Health First Aid
Behavioral Health Peer Support Specialist

**Training Provider:** Montana’s Peer Network

**Role:** A BHPSS uses personal experience with a behavioral health diagnosis disorder to provide support, mentoring, guidance, and advocacy and to offer hope to individuals with behavioral health disorders.

**Training/Delivery Method:** 40 hours of initial training + 20 CEUs per year, in-person only.

**Requirements:** Must identify as being in recovery from a behavioral health diagnosis and have sought treatment.

**Work Settings:** Emergency rooms, detention centers, mental health centers, community at large, FQHC, SUD centers, VA, diversion and treatment courts.

**Contact:** Jim Hajny, jim@mtpeernetwork.org  406.551-1058
Behavioral Health Technician

**Training Provider:** Highlands College of Montana Tech, Butte

**Role:** Those pursuing careers in nursing and allied health related fields to better understand and more effectively recognize and appropriately respond to behavioral health problems and mental health disorders.

**Training/Delivery Method:** 15 college credits (450 hours), 90% online with an in-person MOAB® training component.

**Requirements:** None.

**Work Settings:** A variety of settings, including but not limited to: Emergency rooms, detention centers, mental health centers, community at large, CAH, FQHC, LTC and ALF.

**Contact:** Ryan Mulchany, rmulchany@mtech.edu  406.496.3779
Fundamentals of Behavioral Health

**Training Providers:** Montana AHEC (MHA, Riverstone, and Montana Health Network)

**Role:** Those already working in healthcare field to better understand and more effectively recognize and appropriately respond to behavioral health problems and mental health disorders.

**Training/Delivery Method:** Approximately 80 hours of training (Six 10-hour online learning modules, 20 hour in-person MOAB® training).

**Requirements:** Must be employed in a healthcare setting.

**Work Settings:** A variety of settings, including but not limited to: Emergency rooms, detention centers, mental health centers, community at large, CAH, FQHC, LTC and ALF.
Knowledge and Skills Developed:

- Knowledge of behavioral health problems and mental health disorders
- Legal requirements, ethical responsibilities, reporting and documentation
- Communication, compassion and teamwork
- Resiliency, personal empowerment and self-care
- Therapeutic settings, treatment modalities and resources

Benefits to Agencies:

- Improved patient safety and care
- Better trained paraprofessional staff
- Increased staff retention
Community Health Worker

**Training Providers:** Montana AHEC (MHA, Riverstone, and Montana Health Network)

**Role:** Serves as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve quality and cultural competence of service delivery.

**Training/Delivery Method:** Approximately 85 hours of training (four 15-hour learning modules, 25 on-the-job supervised experience), online and in-person options.

**Requirements:** High school diploma/GED preferred, have or gain computer literacy skills and employer sponsored preferred.

**Work Settings:** A variety of settings, including but not limited to: hospitals, community-based organizations, government, and clinics.
Community Health Worker (continued)

Core Competencies:

- Professional Skills and Conduct
- Communication
- Self-Care
- Interpersonal Relationships
- Organization
- Service Coordination and Navigation Skills
- Capacity Building
- Advocacy and Outreach
- Teaching

Benefits to Agencies: Connect clients with needed resources; clients receive cost effective, individual services; reduces readmission rates.
Management of Aggressive Behaviors (MOAB®)

**Training Providers:** Montana AHEC (MHA, Riverstone)

**Role:** MOAB® presents principals, techniques, and skills for recognizing, reducing, and managing violent and aggressive behavior.

**Training/Delivery Method:** 4-hour, 8-hour, or 2-day training options, in-person only.

**Requirements:** None.

**Work Settings:** A variety of settings, including but not limited to: hospitals, community-based organizations, government, clinics, and community at large.

**Benefits to Agencies:** Trained staff will be able to address the multitude of crises and stages of conflict to help calm people, diffuse anxious or aggressive behavior, avoid violence and injuries, and create confidence and the ability to improve any situation and minimize or eliminate lawsuits.
Mental Health First Aid

**Training Provider:** Montana AHEC (MHA)

**Role:** The training can help those who regularly engage with individuals who may experience mental health challenges and is most appropriate for audiences with no prior training or experience with mental health or substance use.

**Training/Delivery Method:** 8-hour, in-person only - Adult & Youth (age 12-18) options.

**Requirements:** None.

**Work Settings:** A variety of settings, including but not limited to: hospitals, community-based organizations, government, clinics, and community at large.
**Training Provider:** Montana AHEC (MHA)

**Role:** ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

**Training/Delivery Method:** 2-day, in-person only.

**Requirements:** None.

**Work Settings:** A variety of settings, including but not limited to: hospitals, community-based organizations, government, clinics, and community at large.

**Benefits to Agencies:** Studies show the ASIST method helps to reduce suicidal feelings in those at risk and is a cost-effective way to help address the problem of suicide.