Roundtable Discussion Questions – Day 1

- 1. What ideas about collaboration between community development and health did you hear today that resonated with you most?
  - <u>Early Child Intervention/Youth/Family</u> (12): Early child home visits; Safe schools, healthy students how Shelby is able to fund and implement what they see are their needs; Common development and opportunity for inclusiveness for youth and afterschool; Integrate health and safety messages with youth and child activities; Sustaining new parent visits early childhood outreach; Universal early childhood programs/early access to babies and moms for early education; Early childhood development centers; Fort Peck Made a goal that is about the kids/focused; Managing stress and incorporate exercise, especially positive for youth
  - <u>Collective Impact Model/Framework/Application</u> (8): Engage with others; apply and grow knowledge base; importance of partnerships; culture of collaboration; community of support
  - <u>Livingston Food Resource Center</u> (7): Creativity of services; keep asking questions; training for jobs, food bank became community quarterback; developing a solution to a need; concept of intersectionality
  - <u>Speaking/Learning the same language</u> (7): Break down silos by having conversations; Who needs to be at the table; Alarming lack of community development conversations in field of public health; With a shared vision, anything is possible, especially with personal actions empowering the community; Putting aside personal agenda, attending another's party
  - <u>Community Feedback</u> (4): Community input make community own idea; Community driven remember to ask
  - *Funding (4):* Diversify funding; Partner money and clinical on writing grants, other materials; Health talking about finance; Creativity
  - Leadership (5): Leadership is important; Taking risk of leadership; Leadership of local government
  - <u>Community Quarterback</u> (3): Need core community group
  - <u>Centralizing services/programs</u> (2)
  - <u>Missoula Poverello Center</u> (2): Combined services; On site housing centers and health clinics
  - *Defining "health" (2)*: Healthy communities isn't just *healthcare*

Other:

- The small healthcare world in MT works in our favor to get started and do something quickly
- New collaboration focus on non-biometric, worksite wellness content experts
- Where is demand? Consistent messaging public benefit programs
- Healthy By Design Food in Southside Billings Community Impact
- Data for specific county and reservation, lack of service
- Accessing services give people an opportunity to contribute in services
- Paying a coordinator (Billings position paid) Heather

- Commerce of health
- Impact of physical buildings from social change
- Saddened that N.A feel so segregated and trapped
- Nutrition importance
- Examples illustrated willingness to think differently
- Quality of programs
- Training of staff- important reducing stress of participants and staff
- Business skills needed by healthcare providers
- Farmers market partnership with SNAP
- Good examples of grass roots
- Have to stop waiting for anyone else to fix out healthcare programs
- Have to keep asking ourselves, "What is it that I don't know?"
- Stepping out of being so structured
- So many opportunities for connecting and impacting; so many interested in working together
- Charter school
- Mayor walking path
- United way- connectives match maker
- Not duplicate efforts
- Adult mentorship programs
- Health improvement = community development
- Self-surfacing matrix
- Discharge planning
- Service navigation
- Social determinants
- Selling vs. buying
- State and local awareness of need to connect to CD
- CD locating services
- Creating measurements that make sense for MT
- What are the factors of "readiness" to dive into collaborative work for a community
- Social impact bonds/pay for success model
- 2. What specific needs in your community could be addressed through collaboration between community development and health? Any ideas for specific projects or other actions that could meet those needs?
  - <u>Housing</u> (12): Transit housing; Manufactured housing; Journey home; Wellness into where people live; Housing – chronic inebriation – mental illness; Supportive housing; Homelessness affect downtown business
  - <u>Transportation/Walkability (11)</u>: Sidewalks; Transportation planning impact on neighborhoods/health; Alternate transportation models, organize hierarchy of routes; Multi model transit walkways; Public transportation continues to be a need; Poor bike systems, connectivity, sidewalks etc.

- <u>Early childhood/Youth/Family</u> (9): Issues investment; Focus on kids/families; After school programs; Child abuse; Team up mother and baby home visits with oral health info; Improving youth education; Co-locating housing of childcare services; Parenting place
- <u>Food (8)</u>: Zoning food access; Food security; Food bank; Mobile grocery store (Food Share, United Way); Access to healthy food downtown- our food bank is not very accessible; Addressing senior citizen rural health nutritional needs
- <u>Partnerships (7)</u>: Coordination between overarching goals centralized services; Take information, share it; Specific needs getting two worlds together; Awareness of another's work; Missoula Homeless Shelter/Poverello Center partners with partnership; Information share; Provide support for research
- <u>Mental Health (5)</u>: Community care teams; NAMI; Mental health issues and social determinants to mental health issues general practitioners deal with all issues
- <u>Aging Population (2)</u>: Addressing basic needs
- <u>Community Health Workers (2)</u>: More CHWs and CHCs
- <u>Public Safety Initiative (2)</u>: Injury prevention (intentional and unintentional)
- Education (2): Education is the key; Culturally relevant
- <u>Built environment (2)</u>: Need liaison public health

## Other:

- How to organize for it
- Nature
- Best practices
- Community-based counselors
- Workforce development
- Act with sense of urgency and look beyond lifetime
- Know who players are, good models and success stories in MT
- Helena building needs schools/jails/nonprofits
- Developing trust at the top of the agenda
- Dental/Oral Health funding for students in Children reduce future cost in Medicaid, increase school attendance improved long term health
- Explore social enterprise or social impact bonds
- Mall repurpose swimming pool, indoor soccer fields/basketball courts
- Use non-profits/service agencies
- Decreasing obesity, suicide rates, especially in rural communities
- Marketing how to reach the target audience
- Develop the collective impact model
- Access
- Policy
- Low income people don't advocate self- can't talk to media- be yourself
- Make more workable- doesn't encourage health- cant cross street sidewalks
- A good intake form
- Substance abuse inpatient for low income? Fatalities

- Current tobacco use by Native Americans- not being addressed very well
- People/ kids having a sense of worth/ hope that they will find a place in their community
- Compassion fatigue mind and body wellness
- Build recreational center
- Providing legal aid at CHC's
- Social isolation
- Collaborative community needs assessment
- 3. What are some steps that community development and health professionals in your community could take together now to build relationships and be more effective in their work?
  - <u>Data (12)</u>: Research; Data driven; Multi-dimensional collected cross sectors; Way to convene and share; Data analysis and data share; Data party; Data sharing –obstacles; Use evidence, be open to what evidence says; Look at your work (data) and work with people who apply data; Coffee meetings
  - <u>Awareness/Community Involvement (12)</u>: Learn more about existing programs/services; Make projects more well know across state; Share information in communities; Community discussion and support; Awareness of resources; Preventing duplication of work; Basic understanding of what others do; Learn what others do – get different perspectives; Understand resources in each world and how they work - bring people together; Make sure that new community development initiative have health in mind; Collaborative community issue determination; Ask the people most affected
  - <u>Partnerships (9):</u> Continue conversation; Collaboration partners; CHNA great place to start relationship building Hospital and public health; Seek out the champions; Getting the right people to the table; Keep this conversation going expand to nonprofit assoc.
    community foundation involved in planning; Keeping local coalitions focused bring more coalitions together; "Train the trainers" to change dialogue to be more inclusive; Better collaboration between community development and health sector in CHNA
  - <u>Funding (7)</u>: Resource and refund organizer 211 directory; Financial resources and correct grant language; Change the perspective on financing projects of value to the community; Finding resources for a paid facilitator; Engage funders in conversation from the start; Funding for small projects for staff is critical
  - <u>Strategic Planning (4)</u>: Strategic planning including funders, government business pooling funding and resources (How to figure out who those are?) Accessible; Strategize gap analysis; Plan set goals; Determine one goal then move it

## Other:

- Social impact bond (pay for success)
- Prototype small investment pilot- paralyzation on planning
- Centralized services one stop shop
- Health impact study (like environmental impact study)
- What does a "healthy community" mean?
- Health impact assessments special training like an environmental assessment

- Collective impact Pay for Success Model Root cause
- Community Assets Inventory Community Capitals
- Look at super utilizers of healthcare
- Inclusive of stakeholders (IHS & tribal
- MSU Extension agents, 4-H
- State and Tribal Colleges
- Pow-wow events
- Workforce training, development, keeping them
- Address root causes more than symptoms, prevention is key
- Structure systems/ integration mechanisms
- More events like today's conference- structured to bring different sectors together
- Involve transportation orgs in conversation from start
- Medicaid expansion for housing in MT
- Project launch 0-8 year olds mental health consultants
- Are there companies willing to employ people who have struggled?
- Can we merge housing for mental health with local found resiliency/ micro enterprise farm, and food is sold to diabetes patients or served in hospital
- City health department convenes H.C. coalition- quad county
- Tracking chronic disease portion (health improvement plan)
- 1st step is creating a shared vision
- Be involved with our passions
- Built consortium of landlords
- Changing attitudes to doing more broader engagement
- Start small
- Success breeds success
- Create a special session at industry and association trade events